



# Laser Hair Removal

We are pleased to offer laser hair removal as a service in our clinic. Many women and men can now utilize this safe and effective treatment for the permanent reduction of unwanted facial and body hair. The exceptional new technology has proven to reduce terminal hair growth by 75-90+%.

This laser works to selectively damage hair follicles by transforming light energy into heat. Since the light emitted by the laser selectively targets the follicle, damage to the surrounding skin is minimized.

Hair grows in three phases. The laser affects only the hairs in their active (anagen) phase. Rest phase (catagen, telogen) hairs are not affected by the laser. For this reason several treatments spaced 4-8 weeks apart are needed to achieve optimum results.

Due to the wide variety of skin and hair colors, patients must be evaluated prior to treatment so that a treatment plan can be designed to produce maximum results. Although a wide variety of skin and hair types can be effectively treated, patients with dark, coarse hair and light skin tone respond best to the laser.

## **Prior to Treatment:**

- Rigorously avoid sun
- Treatment should not be performed on sunburned or tanned skin
- Do not pluck, wax, or use a depilatory agent for two weeks prior to treatment
- The treated area should be shaved prior to treatment
- Do not wear makeup, lotions, or powders in the area to be treated

## **During Treatment:**

- Patients are required to wear protective goggles.
- The treated areas are prepped and coated with a thin layer of cooling gel.
- The laser hand piece is positioned over the area to be treated and activated. Activation of the laser produces a short pinprick sensation. Discomfort is transient and can be controlled by the speed of activation or the application of the topical anesthetic.

## **After Treatment:**

- Postoperative treatment of the area is generally quite simple and involves application of a topical antibiotic for several days following the procedure.

Laser hair removal is performed in our office by a trained registered nurse or certified physician assistant. Please contact us for a consultation, or to answer any questions you may have regarding this procedure.

rev. 04/2010

KEAN LAWLOR, MD – SHARON NICOLAZZI MD – CAL TREGER, MD – MONICA EDENHOLM, PA-C

STEVENS HEALTH CENTER • 21701 76TH AVE. W., SUITE 100 • EDMONDS, WASHINGTON 98026 • TEL: 206-525-1168 • FAX: 425-778-6159  
LAKEVIEW MEDICAL DENTAL BLDG. • 3216 N.E. 45TH PL., SUITE 203 • SEATTLE, WASHINGTON 98105 • TEL: 206-525-1168 • FAX: 206-525-

1169

WWW.SEATTLESKINANDLASER.COM